

I HOLD SWAY OVER YOU-

“I heard Him say to me, ‘I hold sway over you’. I asked what does that mean and how does He do that? He began to show me.

Involuntary muscles- muscles that are moved involuntarily, meaning without the will or conscious control.

The heart beat that pumps blood through our bodies and the diaphragm that makes us breath— both the most necessary functions of our bodies to sustain our life on earth, are involuntary muscles.

We have a conscious and subconscious mind. Like when a song or “inspiration” comes to me, that is subconscious or involuntary.

Then it came to me...

The conscious is the soul and the subconscious is the spirit.

The voluntary is the soul and the involuntary is the spirit.

When the soul is united with the spirit, not only for the conscious mind, but even in the voluntary muscles the involuntary (the spirit) takes over and moves us to be able to do what looks impossible. I know this from personal experiences... not putting “the Lord to the test”, but by faith in Him rather than myself.

Albert Einstein said, “Subtle is the Lord, but malicious He is not.” Whenever He “moves” us in an involuntary way we have no reason to fear (quite the contrary) for we know the result is for our good and His glory!

“He has given us all things pertaining to life and godliness... “ and... “He has given us His great and precious promises that through them we may become partakers of the divine nature.”

HELEN BOWDEN